

October 2021

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
<p>4</p> <ul style="list-style-type: none"> ◆ Chicken Fajitas ◆ Flour Tortilla ◆ Ranch Beans ◆ Hot Sliced Apples ◆ 1% Milk 	<p>5</p> <ul style="list-style-type: none"> ◆ Beef Stroganoff & Pasta ◆ Cauliflower W/ Red Peppers ◆ Bread Stick ◆ Pudding ◆ 1% Milk 	<p>6</p> <ul style="list-style-type: none"> ◆ Omelet W/ Fajita Blend ◆ Stewed Tomatoes ◆ Tater Tots ◆ Oranges ◆ 1% Milk 	<p>7</p> <ul style="list-style-type: none"> ◆ Minestrone Soup W/ Navy Beans ◆ Corn Bread ◆ Malibu Blend ◆ Cottage Cheese & Mixed Fruit ◆ 1% Milk 	<p>8</p> <ul style="list-style-type: none"> ◆ Lemon Pepper Tilapia ◆ Rice Pilaf ◆ Calabacitas ◆ Cookie ◆ 1% Milk 
<p>11</p> <p>Closed</p> <p>Indigenous People's Day</p>	<p>12</p> <ul style="list-style-type: none"> ◆ Sweet & Sour Pork W/ White Rice ◆ Oriental Blend ◆ Pineapple Upside Down Cake ◆ 1% Milk 	<p>13</p> <ul style="list-style-type: none"> ◆ Frito Pie (Beef, Pinto Beans, Chile, Cheese, Onions) ◆ Fritos ◆ Normandy Blend ◆ Cantaloupe ◆ 1% Milk 	<p>14</p> <ul style="list-style-type: none"> ◆ Fish Nuggets W/ Tarter Sauce ◆ Crinkle Cut Fries ◆ Carrots & Peas ◆ Pudding ◆ 1% Milk 	<p>15</p> <ul style="list-style-type: none"> ◆ Chicken and Rice Soup ◆ Cherry Cobbler ◆ Spinach ◆ Crackers ◆ 1% Milk 
<p>18</p> <ul style="list-style-type: none"> ◆ Cottage Pie: (Ground Beef, Mashed Potato, Peas & Carrots) ◆ Corn Bread ◆ Apple Crisp ◆ 1% Milk 	<p>19</p> <ul style="list-style-type: none"> ◆ Open Faced Turkey Sandwich W/ Gravy ◆ Yams ◆ Green Beans ◆ Orange ◆ 1% Milk 	<p>20</p> <ul style="list-style-type: none"> ◆ Spaghetti Marinara W/ Squash ◆ Breadstick ◆ Malibu Blend ◆ Peaches ◆ 1% Milk 	<p>21</p> <ul style="list-style-type: none"> ◆ Salisbury Steak W/ Gravy ◆ White Rice ◆ Peas ◆ Jell-O W/ Fruit ◆ Dinner Roll W/ Margarine ◆ 1% Milk 	<p>22</p> <ul style="list-style-type: none"> ◆ Green Chile Stew (Chicken and Potatoes) ◆ Flour Tortilla ◆ Pinto Beans ◆ Calabacitas ◆ Apple ◆ 1% Milk 
<p>25</p> <ul style="list-style-type: none"> ◆ Beef Tips over Pasta W/ Gravy ◆ Brussel Sprouts ◆ Peach Cobbler ◆ 1% Milk 	<p>26</p> <ul style="list-style-type: none"> ◆ Chicken Pot Pie W/ Biscuit ◆ Diced Beets ◆ Ancient Grain ◆ Mixed Fruit ◆ 1% Milk 	<p>27</p> <ul style="list-style-type: none"> ◆ Baked Potato W/ Broccoli, Cheese, & Sour Cream ◆ Corn ◆ Baked Beans ◆ Cottage Cheese W/ Peaches ◆ 1% Milk 	<p>28</p> <ul style="list-style-type: none"> ◆ Salmon W/ Garlic Butter ◆ Orzo Pasta ◆ Normandy Blend ◆ Orange ◆ 1% Milk 	<p>29</p> <ul style="list-style-type: none"> ◆ Mummy Loaf in Swamp Water (Meat Loaf W/ Gravy) ◆ Mashed Potatoes ◆ Sliced Carrots ◆ Jell-O W/Fruit ◆ 1% Milk 